

Jacksonville University

Brooks Rehabilitation College of Healthcare Sciences

School of Applied Health Sciences

Clinical Mental Health Counseling Program

Clinical Mental Health Counseling Program Objectives

The CMHC program incorporates seven program objectives stated in each syllabus, and outlined below. Upon completion of the program, students will:

1. Demonstrate holistic and multicultural skills in working with diverse populations across the human life span.
2. Apply evidenced-based practices in treatment planning and counseling processes.
3. Apply ethical standards in mental health counseling research and practice.
4. Accurately interview, assess and identify clients' problems.
5. Monitor personal reactions to clients and peers while assessing interpersonal impact on others.
6. Demonstrate ability to communicate recognized resiliencies and strengths of clients in treatment planning and counseling.
7. Highlight the interactive dynamics in a household and among extended family and society as individual's developmental needs align or conflict with each other

Jacksonville University

Brooks Rehabilitation College of Healthcare Sciences School of Applied Health Sciences Clinical Mental Health Counseling Program

Clinical Mental Health Counseling Evaluation Plan

Listed below is the evaluation plan for each objective.

The CMHC program incorporates seven program objectives stated in each syllabus and available on the JU CMHC website. Each program objective is paired with an associated Key Performance Indicator (KPI) and evaluation plan.

- 1. Program Objective: Demonstrate holistic and multicultural skills in working with diverse populations across the human life span.**
 - Associated KPI and CACREP standard: Social and Cultural Diversity, 2.F.2.b, Students will demonstrate competency of theories and models of multicultural counseling, cultural identity development, and social justice and advocacy
 - Evaluation plan:
 - Individual data: MHC 502 Legal Ethical & Professional Standards, Code of Ethics Paper Rubric, CPCE, and CCS-R faculty scores in Summer 1 and again in Spring 2 of the program
 - Program Aggregate data: Code of Ethics Paper Rubric mean scores, CPCE non-exit exam mean scores, and CCS-R group mean scores
 - **Apply evidenced-based practices in treatment planning and counseling processes.**
 - Associated KPI and CACREP standard: Assessment and Testing, 2.F.7.f, Students will demonstrate ability to understand and apply basic concepts of standardized and non-standardized testing, norm-referenced and criterion-referenced assessments, and group and individual assessments
 - Evaluation plan:
 - Individual data: MHC 508 Individual Evaluation and Assessment, Clinical Evaluation Report and Presentation Rubric and CPCE
 - Program Aggregate data: Clinical Evaluation Report and Presentation Rubric mean scores and CPCE non-exit exam mean scores
 - **Apply ethical standards in mental health counseling research and practice.**
 - Associated KPI and CACREP standard: Research and program evaluation, 2.F.8.j., Students will provide evidence indicating an understanding of ethical and culturally relevant strategies for conducting, interpreting, and reporting the results of research and/or program evaluation
 - Evaluation plan:
 - Individual data: MHC 505 Behavioral Research and Evaluation, Research Symposium Paper Rubric, Research symposium project presentation rubric, and CPCE scores
 - Program Aggregate data: Research symposium paper Rubric mean scores, Research symposium project presentation rubric mean scores, and CPCE non-exit exam mean scores

Jacksonville University

Brooks Rehabilitation College of Healthcare Sciences School of Applied Health Sciences Clinical Mental Health Counseling Program

4. Accurately interview, assess and identify clients' problems.

- Associated KPI and CACREP standard: Entry level specialty CMHC, 5.C., Students will demonstrate the knowledge and skills necessary to address foundations, contextual dimensions, and practice within the context of clinical mental health counseling.
- Evaluation plan:
 - Individual data: MHC 506 Diagnosis and Treatment of Psychopathology, Final Exam Rubric, CCS-R faculty scores in Summer 1 and again in Spring 2 of the program
 - Program Aggregate data: Psychopathology Final Exam Rubric mean scores, CCS-R group mean scores

5. Monitor personal reactions to clients and peers while assessing interpersonal impact on others.

- Associated KPI and CACREP standard: Professional Counseling Orientation and Ethical Practice, 2.F.1.i., Students will understand ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling
- Evaluation plan:
 - Individual data: MHC 502, Legal Ethical and Professional Standard Code of Ethics Paper Rubric, CPCE scores, and CCS-R faculty scores in Summer 1 and again in Spring 2 of the program
 - Program Aggregate data: Code of Ethics Paper Rubric mean scores, CPCE non-exit exam mean scores, and CCS-R group mean scores
- **Demonstrate ability to communicate recognized resiliencies and strengths of clients in treatment planning and counseling.**
- Associated KPI and CACREP standard: Counseling and Helping Relationships, 2.F.5.f, Students will demonstrate an understanding of counselor characteristics and behaviors that influence the counseling process
- Evaluation plan:
 - Individual data: CPCE, and CCS-R faculty scores in Summer 1 and again in Spring 2 of the program
 - Program Aggregate data: CPCE non-exit exam mean scores and CCS-R group mean scores
- **Highlight the interactive dynamics in a household and among extended family and society as individual's developmental needs align or conflict with each other**
- Associated KPI and CACREP standard: Human Growth and Development, 2.F.3.f, Students will demonstrate an understanding of systemic and environmental factors that affect human development, functioning, and behavior
- Evaluation plan:
 - Individual data: MHC 501, Human Growth and Development Critical Incident Paper Rubric and CPCE scores
 - Program Aggregate data: Critical Incident Paper Rubric mean scores and CPCE non-exit exam mean scores

In addition to the evaluation plan outlined above for each program objective, the following data is also used in program evaluation: student and employer post-graduation surveys, site supervisor evaluations of students, and faculty rated Counselor Competencies Scale-Revised (Lambie, Mullen, Swank, & Blount, 2016). The CCS-R assesses counselors' and trainees' skills development and professional competencies. Additionally, the CCS-R provides counselors and trainees with direct feedback regarding their demonstrated ability to apply counseling skills and facilitate therapeutic conditions, and their counseling dispositions (dominant qualities) and behaviors, offering the counselors and trainees practical areas for improvement to support their development as effective and ethical professional counselors.