



Clinical Mental Health Counseling Program Objectives

The CMHC program incorporates seven program objectives stated in each syllabus, and outlined below. Upon completion of the program, students will:

1. Demonstrate holistic and multicultural skills in working with diverse populations across the human life span.
2. Apply evidenced-based practices in treatment planning and counseling processes.
3. Apply ethical standards in mental health counseling research and practice.
4. Accurately interview, assess and identify clients' problems.
5. Monitor personal reactions to clients and peers while assessing interpersonal impact on others.
6. Demonstrate ability to communicate recognized resiliencies and strengths of clients in treatment planning and counseling.
7. Highlight the interactive dynamics in a household and among extended family and society as individual's developmental needs align or conflict with each other

The CMHC program incorporates seven program objectives stated in each syllabus and available on the JU CMHC website. Our program evaluation plan is also available on the JU CMHC website and is outlined below for each program objective. Each program objective is paired with an associated Key Performance Indicator (KPI) and evaluation plan.

In addition to the evaluation plan outlined above for each program objective, the following data is also used in program evaluation: student and employer post-graduation surveys, site supervisor evaluations of students, and faculty rated Counselor Competencies Scale-Revised (Lambie, Mullen, Swank, & Blount, 2016). The CCS-R assesses counselors' and trainees' skills development and professional competencies. Additionally, the CCS-R provides counselors and trainees with direct feedback regarding their demonstrated ability to apply counseling skills and facilitate therapeutic conditions, and their counseling dispositions (dominant qualities) and behaviors, offering the counselors and trainees practical areas for improvement to support their development as effective and ethical professional counselors.

JU CMHC Program Objective	Key Performance Indicator (KPI)	CACREP Standard	Time point	Location in program curriculum	Skill measurement	Knowledge measurement	Program Aggregate Data
Monitor personal reactions to clients and peers while assessing interpersonal impact on others.	PROFESSIONAL COUNSELING ORIENTATION AND ETHICAL PRACTICE	2.F.1.i.-- Students will understand ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling	K1	MHC 502 Legal Ethical & Professional Standards, Fall 1/Semester 1		Code of Ethics Paper Rubric	Code of Ethics Paper Rubric mean scores, CECE group mean scores, CCS-R group mean scores
			K2	Summer 1/Semester 3		CECE	
			S1	Faculty review meeting, Summer 1/Semester 3	CCS-R (Faculty)		
			S2	Faculty review meeting, Spring 2/Semester 5	CCS-R (Faculty)		
Demonstrate holistic and multicultural skills in working with diverse populations across the human life span.	SOCIAL & CULTURAL DIVERSITY	2.F.2.b-- Students will demonstrate competency of theories and models of multicultural counseling, cultural identity development, and social justice and advocacy	K1	MHC 509 Social and Cultural Foundations of Counseling, Summer 1/Semester 3		Cultural Immersion Project Rubric	Cultural Immersion Project Rubric, CECE mean scores, CCS-R group mean scores
			K2	Summer 1/Semester 3		CECE	
			S1	Faculty review meeting, Summer 1/Semester 3	CCS-R (Faculty)		
			S2	Faculty review meeting, Spring 2/Semester 5	CCS-R (Faculty)		
Highlight the interactive dynamics in a household and among extended family and society as individual's developmental needs align or conflict with each other	HUMAN GROWTH & DEVELOPMENT	2.F.3.f-- Students will demonstrate an understanding of systemic and environmental factors that affect human development, functioning, and behavior	K1	MHC 501 Human Growth and Development, Fall 1/Semester 1		Critical Incident Paper Rubric	Critical Incident Paper Rubric mean scores and CECE group mean scores
			K2	Summer 1/Semester 3		CECE	
Demonstrate ability to communicate recognized resiliencies and strengths of clients in treatment planning and counseling.	COUNSELING & HELPING RELATIONSHIPS	2.F.5.f-- Students will demonstrate an understanding of counselor characteristics and behaviors that influence the counseling process	K1	Summer 1/Semester 3		CECE	CECE group mean scores and CCS-R group mean scores
			S1	Faculty review meeting, Summer 1/Semester 3	CCS-R (Faculty)		
			S2	Faculty review meeting, Spring 2/Semester 5	CCS-R (Faculty)		

JU CMHC Program Objective	Key Performance Indicator (KPI)	CACREP Standard	Time point	Location in program curriculum	Skill measurement	Knowledge measurement	Program Aggregate Data
Apply evidenced-based practices in treatment planning and counseling processes.	ASSESSMENT & TESTING	2.F.7.f.-- Students will demonstrate ability to understand and apply basic concepts of standardized and non-standardized testing, norm-referenced and criterion-referenced assessments, and group and individual assessments	K1	Summer 1/Semester 3		CECE	Clinical Evaluation Report and Presentation Rubric mean scores and CECE group mean scores
			S1	MHC 508 Individual Evaluation and Assessment, Summer 1/Semester 3	Clinical Evaluation Report & Presentation Rubric		
Apply ethical standards in mental health counseling research and practice.	RESEARCH & PROGRAM EVALUATION	2.F.8.j.-- Students will provide evidence indicating an understanding of ethical and culturally relevant strategies for conducting, interpreting, and reporting the results of research and/or program evaluation	K1	MHC 505 Behavioral Research and Evaluation, Spring 1/Semester 2		Research Symposium Paper Rubric	Research symposium paper Rubric and Research symposium project presentation rubric mean scores, CECE group mean scores
			K2	Summer 1/Semester 3		CECE	
			S1	MHC 505 Behavioral Research and Evaluation, Spring 1/Semester 2	Research symposium project Presentation Rubric		
Accurately interview, assess and identify clients' problems.	ENTRY LEVEL SPECIALTY CLINICAL MENTAL HEALTH COUNSELING	5.C.-- Students will demonstrate the knowledge and skills necessary to address foundations, contextual dimensions, and practice within the context of clinical mental health counseling.	K1	MHC 506 Diagnosis and Treatment of Psychopathology		Psychopathology Final Exam Rubric	Psychopathology Final Exam Rubric mean scores, CCS-R group mean scores
			S1	Faculty review meeting, Summer 1/Semester 3	CCS-R (Faculty)		
			S2	Faculty review meeting, Spring 2/Semester 5	CCS-R (Faculty)		