

JACKSONVILLE UNIVERSITY

Student Counseling Center Internship Program



About the Student Counseling Center

The Jacksonville University Student Counseling Center (SCC) is the primary counseling agency for approximately 4,000 undergraduate and graduate college students. All services are free and confidential for registered students. We have five professional staff members: Kristin Alberts, Ph.D. (Director), Jennifer King Weldon, Ph.D. (Assistant Director & Clinical Training Coordinator), Stacy King, M.S. (Counselor & Clinical Care Coordinator), Monica St. George, M.S. (Counselor & Community Engagement Coordinator), and Alyssa Zajdel, Ph.D. (Counselor & Sport Psychology Coordinator). The SCC's primary responsibilities to the Jacksonville University community include providing counseling services to JU students, crisis intervention to the JU community, psychoeducational outreach services on a variety of mental health and wellness topics, and consultation services to students, faculty, administration, and parents/families.

Training Opportunities

Our interns have a wide range of clinical and professional opportunities. The primary experience will involve providing individual counseling to students who present a variety of developmental and mental health issues. Interns may also choose to be involved in outreach initiatives within the JU community. Interns develop leadership skills by working closely with other JU professional staff on programs that reflect the interest of the intern and needs of the community. Interns are accepted as valued members of both the SCC staff and the larger Division of Student Affairs, often interacting with a variety of professionals within the University community. Interns can expect to receive at least two hours of individual and/or group supervision per week.

Intern Initiative Examples

- Co-teach a leadership or first-year course
- Promote health and wellness initiatives
- Collaborate with Green Dot
- Provide LGBTQ+ safe zone training
- Train students to use HeartMath biofeedback
- Provide career counseling
- Consult with military veterans and ROTC
- Create integrative health partnerships
- Facilitate group counseling services
- Support student-athlete workshops
- Work with other specialized groups such as nursing, fine arts, or diversity/inclusion

Our Involvement



Our View of Training

We view training as an important activity of our center, and are excited to offer a **stipend of up to \$10,000** for a full-year experience. Interns contribute to our staff by increasing diversity, introducing us to new ideas, helping sharpen our clinical supervision skills, and improving the services we provide to JU students. In return, we aim to provide interns with a comprehensive experience that serves to enhance clinical skills and professional identity.

How to Apply

If you are interested in this opportunity, visit our website at www.ju.edu/counseling. Click on the *Graduate Training* tab to find the Practicum/Internship Application and deadline date. You will be asked to upload a cover letter, résumé, and contact information for three references.

Contact Us

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Learn more at www.ju.edu/counseling